

Sport Edexcel BTEC

Year 10

Please use this route through to find out what students are learning in the classroom and beyond.

Please contact us or visit our website for more information.

Subject	What are students learning in lessons?	What are students learning in home learning?
Autumn Term 1	Component 1: preparing participants to take part in sport and physical activity.	1 hour per week: completing and reviewing notes for PSA lessons.
Autumn Term 2	Component 1: preparing participants to take part in sport and physical activity.	1 hour per week: completing and reviewing notes for PSA lessons.
Spring Term 1	Component 2: taking part and improving other participants sporting performance.	1 hour per week: completing and reviewing notes for PSA lessons.
Spring Term 2	Component 2: taking part and improving other participants sporting performance.	1 hour per week: completing and reviewing notes for PSA lessons.
Summer Term 1	Component 2: taking part and improving other participants sporting performance.	1 hour per week: completing and reviewing notes for PSA lessons.
Summer Term 2	Component 3: developing fitness to improve other participants' performance in sport and physical activity. AO1 components of fitness, fitness tests, training methods/processes/principles to improve fitness.	1 hour per week: revision of key fitness tests, creation of flash cards.
Every mark matters	Assessment	Key contacts
	Students think hard, answer lots of questions and get feedback on their work every lesson. Coursework: Component 1 and 2 PSAs completed. Exam Spring 1: exam on content so far. Exam Summer 2: Component 3 questioning.	Head of Department: Rhys.Thompson@ theregisschool.co.uk